

I'm a new parent and this is not what I expected...

- Are you surprised about your strong feelings that aren't always positive?
- Has intimacy become a distant memory?
- Did you not sign up for sleep deprivation?
- Does it seem like everybody else does this effortlessly?
- Do you feel like you have no one to talk to?

Let us help you find solutions

Groups are forming now, call **248-258-9189**



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